

The Great Simplification

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[00:00:00] **Nate Hagens:** Greetings, everyone. I've been working on, the system story that, I call the human predicament. Others call the meta crisis now for over 20 years. And one of the big discoveries I've had is it's not so much an environmental crisis or an energy crisis or an economic crisis or a political crisis.

[00:00:24] It's all of those things. but it's really a mismatch of our. social primate brain from, a vast disconnection from our ancestral conditions to this super normal stimuli, smorgasbord of technology and, stuff, world and, we're trying to make sense of it. And so I do think the answers, quote unquote.

[00:00:54] reside in our awareness, our consciousness, how we interact with other humans, how we interact with the natural world, and how this scales, a human, a family, a community, a region at a time. So in order to, understand where we are, we know that something's wrong, but there's a lot of people working on solutions, but some technology or some policy, only makes sense if we can see the bigger picture and have the correct diagnosis.

[00:01:28] The patient now is global human civilization and. The biosphere and there is a story that connects, all the disparate disciplines and things, that are relevant. So my, my framing is that, we have, an economic system that we take ideas and we combine energy and materials into products, and we represent those products, in the marketplace by putting a value on them like dollars or yen or euros.

[00:02:04] and we cycle through this every quarter and every year, and this whole process gives us feelings, neurotransmitters, and endocrine cascades, and the whole thing produces waste. I'm gonna briefly talk about this economic system.

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So our culture is energy blind. We look at our progress and our productivity and our wealth.

[00:02:26] With a money and a technology lens without realizing that we're all alive, during what one day might be referred to as the carbon pulse, which is this few hundred year period where we're drawing down incredibly potent ancient carbon, millions of times faster than Mother Nature sequestered it. this ancient carbon when combined with machines.

[00:02:51] Annually does the work of around 500 billion human workers, relative to around 5 billion real human workers. And this stuff is, not a paycheck, it's a trust fund that we are drawing down rapidly. We are somewhere between the yellow star and the red star on this graph. From a climate perspective, we hope we're at the Red Star from an economic, growth, comfort, convenience, stability standpoint.

[00:03:21] We hope we're at the Yellow Star. I don't know, but we're somewhere in there. This stuff has been so. So incredibly potent for what it's done, that the human economy, which is the number of humans times the average goods and services consumed per human is a thousand times bigger than it was in the year 1500.

[00:03:47] The waste product from our current economic system is not included in our prices, or for the most part in our values. And we have fish, swimming pole words because of, reduced oxygen. We have, one 50th or so of the weight of our brains is, microplastics. we have declines in fish, animal, bird species.

[00:04:13] All these statistics that aren't included in our stock market, but the real stock market is declining, quite precipitously at the moment. We go through our days trying to match the same emotional states of our successful ancestors in a

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wildly different, technological and social milieu. we are now a species out of context.

[00:04:41] and kind of flailing around. There's lots of scout teams that are popping up trying to describe not only what's happening, but at least directionally where we might head my contribution over the years, is to describe how the parts and the processes of the human ecosystem fit together into an emergent, story.

[00:05:05] that. Makes some of the surface nominal reductionist responses and solutions. a little murkier and, it, it shows a different, plan and, pathway forward. This is a murmuration of starlings, individual Starling birds. They just follow one simple rule. three simple rules. Fly close to your neighbor.

[00:05:33] Don't get too close and fly to the center. Just following those three simple rules, there is an emergent phenomenon of these beautiful murmuration in the sky that we see. There's no leader. this just happens. The same thing happens in human systems. We self-organize as individuals, families, small businesses, corporations, and all the way up to nation states to maximize our profits or our wages.

[00:06:03] Those profits and wages are highly, related to energy and materials and ecological output, impact. and what ends up happening is we are functioning at a. Species wide level as this energy hungry, blind, unthinking Superorganism. So what's happened since we, for, 290,000 years, we were in hunter gatherer tribes until we started to store surplus and, in agriculture.

[00:06:41] And this started this new trajectory for homo sapiens, that was totally unpredictable from our past. And we started hierarchy and, Storage and markets and kings and shamans and accountants and warriors and all that. And we started also to spread around the world. And then 200 years ago, we, in addition to

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farming horizontally, we started to farm vertically and had access to the incredibly magical on human timescales benefits from the carbon pulse underground.

[00:07:23] then we, started to create monetary markers, which, when money is created, it, Matches the amount of money on the other side of the ledger. But when money is created, there's no relationship to how much copper or oil or gold or seawater or dolphins or forests are left. And so we kept creating with digital, and paper money, this hierarchical system.

[00:07:53] And now AI is, Act acting as a turbo boost on the whole thing. So the Superorganism uses all these dynamics to continue to grow. it isn't evil. it is just maximizing for throughput. it doesn't realize, it doesn't care about equality or ecosystems or, anything. It just grows even when growing, is becoming the problem.

[00:08:24] So there are four potential scenarios in the future, and the top left is green growth, that we have enough technology, to improve our condition, but also enough surplus to heal the environment. The top right is a scenario I call the mor door economy, which is we continue to grow, but more and more of our economy is allocated to the mining.

[00:08:47] Energy sector and the environmental remediation sector. The bottom left, is we don't continue to grow, but we manage, a viable descent in a post growth world. I refer this to as the name of my podcast, The Great Simplification, and the fourth category is, mad Max, which we've heard about in the movies.

[00:09:10] I believe that. No matter what future we envision, we have these five horsemen that we have to navigate, which is this increasing amount of financial claims on reality versus, flat to declining actual underlying biophysical reality. we have the geopolitical situation, which was quite peaceful on the way up, when all, boats were lifted by the rising tide of economic growth.

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[00:09:40] We have the complexity of a six continent just in time supply chain and all the different, components, that comprise it. We have the social contract, which is the civil discourse between, our fellow countrymen and women. And, non-country men and women, and we have the ongoing, impact from climate change, ocean acidification, and biodiversity loss.

[00:10:05] So the challenge at multiple scales, at the level of the individual, of the community, the city, the bio region, the nation, the world is this Superorganism will power on until it can't. So the challenge is to build systems, and structures. And ethics and relationships and values and consciousness and all the things that are gonna need to be changed in parallel.

[00:10:35] because once the Superorganism breaks, then we're gonna have fewer degrees of freedom. So what's at stake is humans have changed. Culturally, many times in the past when the circumstances changed, we developed new stories, and within our culture today rapidly, there are people becoming awake and concerned.

[00:11:01] And engaged with the challenges that I've mentioned. And so even on this call, there is the mitochondria of a new human culture starting to build. and that's what I'm gonna talk about today. so around 25 years ago, William Remo and James Davidson wrote a book called The Sovereign Individual.

[00:11:23] And they rightly predicted that technology would get so, cyber and Bitcoin and things like that would scale so much that certain individuals would be able to have so much power that they would transcend national boundaries and borders. And they were somewhat right about that. But taking this issue of sovereign, what does it mean?

[00:11:47] A lot of the problems with today's discourse is we look at things using narrow boundaries, reductionist lenses. So if we take a wider boundary view at

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what it means to be sovereign today, what it means to be alive today. Given some of the, speed bumps and challenges I mentioned, this is the list that I would like to unpack, with you today.

[00:12:15] So I think I have nine, categories and three subcategories on each. The first category is intellectual. what do we do? Taking all this stuff on board, and there's such a thing as foundational reality. Some of that I just talked to you about. Underpinning everything is the biophysical macroeconomic of how energy, money, technology fit together.

[00:12:39] Above that is our evolved human brain and behavior, and above that is ecology and earth systems. Above all, that is a lot of trivia and stories, which are nonsense in our society, but most of the things that matter in our world and our to our future are in these three categories. The second is to start to look at our, situation, not from a, a lens with blinders on or a single issue, but from a systems lens.

[00:13:10] So we have to go from narrow boundary to wide boundary thinking. among the, things this implies is we, can move from thinking about things. To connections from linear to circular, from silos to emergence, from parts to holes, from analysis to synthesis, and from isolation to relationships. So a wide boundary lens of what we face.

[00:13:40] And with that, a softened gaze here is kind of our human experience the last couple hundred years in the carbon pulse. And you might think, and imagine various scenarios of what comes next. My coaches and friends. Increasingly, a lot of them happen to live in California for some strange reason.

[00:14:03] have advised me to soften my gaze, which is to be not incredibly certain about things, to understand things and just to take a step back. And, when you're looking at someone or something, you look in the periphery. The same

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thing with looking at our situation. To simplify that even further, embrace a little uncertainty, and humility when we look at our situation and don't be overly sure of what's gonna happen.

[00:14:34] The second category is physiological. so we have an evolutionary stack, our microbiome, our cells, our organs, our enteric system. and that, that's the homeostasis of our system. Above that is our, hind brain and then our limbic system and our cognition. We think it's like this. but in reality it's like this and these systems.

[00:15:00] For good evolutionary reason, we're built on top of each other. And cognition, which we are so sure about things, and we live in our head all the time, is actually the, smallest, when it comes to driving our behaviors and if we feel unstable or unsafe. that is gonna dominate our behavior. and all the way up, if we're unsatisfied, we're going to seek out dopamine or serotonin or oxytocin, and we're not gonna have the ability to, process in the way we should, the facts and, the scenarios.

[00:15:39] So given that backdrop, the very first thing that we need to do towards wide boundary sovereignty is nourish ourselves. Prioritize the nourishment of your human body by good food, by exercise, by sleep, by meditation and, mental wellness. I think many of you on this call are probably way ahead of me, on this path, but I have recently come to know that this is hella important.

[00:16:09] The second is. Ancestral intimacy. there's something called the vagal nerve, which is the longest, nerve in the body. And this has to do with, trust and safety or fight and flight. and we co-regulate with others. I was just in California. last weekend at a full bloom event, and boy did I co-regulate with other humans, and my vagal nerve was in a, in such a place that I felt safe and secure, and there was oxy, lots of oxytocin.

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[00:16:44] And there's so many things that we do in our days today that lack just the ancestral intimacy of spending time, slow time with other humans at a human. Pace scale. and many of us lack that, in today's age. a friend with my two, a PhD advisors, this is my coach, and picture in Mill Valley recently.

[00:17:09] this is, and my friend Tristan Harris's house. yes, these are California pictures for y'all. Yeah, I, increasingly see the, importance of that. Lastly, under physiological is a dopamine reset, and as many of you're aware, we have a hell of a smorgasbord of options, that capture our attention.

[00:17:33] I think the inner tech in our brains, is, really important. and we need to reset. Our dopamine ratchet. One thing I learned from Audrey Tang who was on my podcast earlier this year is Audrey, hacked. Her phone so that she has everything in black and white, and that allows, more unexpected reward and enjoyment of life.

[00:18:03] When you see a yellow goldfinch or a green oak tree, blooming in spring. Or all the things in life that are actually full of color and you don't get the high dopamine bursts when you're on your phone. So this is a picture of my phone and I now have, the color filters, turned off as one small example.

[00:18:25] Color filters turned on. Next is psychological. and I think we, have to go through life, as busy people finding, we, there's something called cognitive load, which is humans can carry seven chunks of information at once and at four chunks you're actually doing quite well. But as you go to five, six, and seven, you lose.

[00:18:51] Capacity. So we have to force ourselves to build spaciousness into our daily routines and beyond that. We have to build in zones of respite. I have a very stressful job because every day I wake up and I learn about the latest climate change, updates or, Japanese interest rates going up or some war thing.

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[00:19:16] We didn't evolve to handle this much, 24 7 every day learning about traumatic things going on in the world, and we have to, Be kind to ourselves enough to find a two hour or a four hour window during your day where you shut all that off and find somewhere to recharge in, in a normal human scale, zone of respite.

[00:19:42] And lastly, under psychological metacognition. Metacognition means thinking how we think. so I'm thinking all the time, obviously, but I actually once in a while have a little Nate on my shoulder that is opining and say, did you notice what you did there with Andrew? and his friends? and it, is just a little, observational play-by-play announcer, of our behaviors, when we're by ourselves or with others.

[00:20:13] Spiritual. The categories here. awe is a big one. I get awe by the natural world. I have two wildlife cameras on the property here, and even if I've seen them before, I love to see the animals that share the land with me. Many of you might get awe from different things, but awe is something that, that we lack, in this, pal Mel culture connectedness, Ryan mentioned in the.

[00:20:46] meditation, how, he made an offering of water to other plants or to remind that we are connected to everything in the web of life. Up to 10 million. Other species share the same evolutionary path, that we took here, separately. Well, this is my dog, Frank. You know, there's a billion dogs on the planet right now that's a separate issue.

[00:21:09] But my dogs are my friends. I chose to have dogs more than children, but we are connected to every single living thing on the planet. And we've lost our ancestral connection that we are part of the web of life. we are nature And to live that embody it, remember it, I think is important. And to keep space for the unknown.

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[00:21:34] I don't believe in God, per se because I'm a scientist and I believe in evolution, but I believe that there are things we don't know and I keep a healthy air bound, in my mind about. Emergent things, and it is quite possible. And if I told you stories of what's happened to me in the last three months, I do tend to believe that the universe is winking at us in some way that we can't quite understand.

[00:22:01] so keep some spiritual, bandwidth for, not understanding everything and, being open to the unknown. Economic. we have consumed beyond our means as a culture for quite a long time. In fact, our entire economic system is a buy now, pay later sort of thing. And eventually, it is like the hare and the tortoise.

[00:22:32] and there's going to be, a hangover and a bill to pay. One of the next three recessions will be a depression in, my book. I think one of the next two will be a depression. And so as individuals you can simplify first and beat the rush. Try to imagine living, with a 30%, A pay cut.

[00:22:58] Try to imagine having, less energy and materials, less complexity in your life. Try flexing those muscles by not consuming or shopping one day a week, or any other things like that. If you really think about. How the human animal behaves, you know, that we're, as a culture not gonna do anything major before a crisis.

[00:23:21] And if you really internalize that, it empowers you to make, decisions and, changes in your own life ahead of when we'll be forced to. Jean-Marc Kochi was a recent podcast guest of mine and I'll, share a framework that I thought was pretty helpful. He says, as energy gets less available and more expensive, there'll be three ways to deal with that.

[00:23:46] One is efficiency, so we use technology to make things, more efficient by using less energy. The second is ate or sobriety, which is. Personally choosing

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to, instead of driving a car, you take a bus or or walk or take a bicycle that you actively choose to eat locally grown foods instead of importing something from New Zealand.

[00:24:13] and I think there are some New Zealand people on this call. it's act of choice. And the third category is poverty, which is we're gonna have to do without those things. and it's not by our choice. It'll be forced on us, either by rules or by the market, making things, unaffordable. So, I think efficiency and so brite in, in this case, simplify first, are good ideas.

[00:24:40] Next is, slow, slow down and try to do things at human scale. we have so many time saving devices with technology that we save an extra 56 minutes every day so that we can get on Facebook or play Candy Crush. We need to replace technology with human scale things, like planting potatoes or tending a garden, or doing a puzzle or writing a poem.

[00:25:08] Or having a conversation or playing guitar, slowing down in our economic system instead of revving up

[00:25:19] what sort of technology is going to be relevant, using wide boundary sovereignty. I have a frankly, and, materials on this. what sort of technology is the best discoveries ever by humanity? The bicycle is the most energy efficient device ever created the story. Dungeons and Dragons. Some of you, a lot of men on this call, I play Judson Dragons as a teenager.

[00:25:49] You get together with seven or eight people and you imagine the virtual worlds in your mind. With just a few dice and some scratch of paper, it is telling the story is one of the most amazing inventions, of Homo sapiens. Number two is the dog. Many of my best friends in my life have been dogs. they're just constant, unconditional, slow release, dopamine, oxytocin, serotonin, and it's a great invention.

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[00:26:21] And number one is music. truly, beautiful things that humans have accomplished, you know, with beautiful and, art and music as a technology crowd, largely on this call, we have to increasingly differentiate between clever and wise. So what technologies are gonna be most suited for the down slope of the carbon pulse?

[00:26:46] I've come to call this Goldilocks technology, which is not too hot. Like, drones being able to deliver cupcakes to your seven year old's birthday party and not too cold, which is stone age, tools. We are not going back. That is for sure. We are going ahead into something the unknown that we don't know, but we're gonna have to use less materials, less complexity, less globalization.

[00:27:15] Better affect the environment. The technology's gonna have to go towards important things and not trivia, frivolities. and it's gonna have to be made more with local and regional, ingredients. so what technology does for us in a post peak world is a really central question. And those of you that are in tech.

[00:27:39] Try to, in the same way I live in Minnesota and when it's snowing out and you're in traffic, you look two or three steps ahead at the two or three cars ahead, at the brake lights and not at the car just ahead of you. Most of us are looking at the car just ahead of us, and if you understand, the nuances and scenarios and what I'm putting forward, think two or three steps ahead on what, technologies are we really gonna need?

[00:28:06] Socially, this is a term I came up with. I, don't know how sticky or relevant it is. but every month that passes, at least in the United States and certainly in the world, there are more and more people who are suffering and more and more situations, that are suffering, including the natural world and.

[00:28:34] My philosophy here is attention and awareness in the moment fully to someone or something is about the greatest gift that humans can offer to

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someone. And if someone is suffering, to give them the full attention while that you're with them. But don't give it soul full that you are, drowned with them, which is the barbell empathy we have to protect our own, sovereignty and, you know, our goals and our purposes, and the work that we're doing.

[00:29:17] So. A brief story. I was in San Francisco, not last week, but earlier this year, and a Uber driver had lived in Africa and he hadn't seen his family in seven years and he is waiting for a green card. And he told me his story for 45 minutes. It was just so tragic and I listened and I offered some thoughts and my, one of my coaches was with me and we got out of the cab and he's like, Nate, this was a moment of suffering.

[00:29:46] Let it pass through. You absorb it, let it pass through you and move on. Because I thought at the moment, if I let this affect the rest of my day, I had another presentation. I had a flight later. So, barbell fully give your awareness to people, but protect your own, inner core at the same time.

[00:30:10] Equanimity. we are tribal apes, and we have a lot of ingroup outgroup biases and to try and be more tolerant and have equanimity in social situations, is something that is needed and, can be. Trained, and just like working out in a gym can train your biceps, you can train your tolerance and equanimity in, social situations.

[00:30:42] Lastly, the dining car, not so metaphorically. We are all on a runaway train and the market, the financial market is shoveling fuel into, the engine. I don't believe that we can shift, the system at large scales until there is a disruption. What we can do is meet other humans at the dining car, metaphorically, and, learn, grow, strategize, plan, become more resilient.

[00:31:17] In the way that I see it, there are three I, have three groups of humans that I meet in my metaphorical dining car. One is the intellectual people. some of

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you are on this call, that I talk to about the currency markets and, climate and biodiversity and local resilience and bio regionalism and all those things, and I learn what's going on.

[00:31:41] Another is people. I just like to have fun with. tomorrow night I'm having a dinner party here and we're gonna play games and, you know, tell stories and people that you just like to do things with. And then the third is, people that you want to do something of meaning and purpose, with your time on this blue-green Earth, and you find those people and might be a small group, 3, 4, 5 people that you care about.

[00:32:07] The seals in Santa Cruz and want to do something to protect them, and their habitat or whatever it is that you're deeply passionate about. You meet with those people on the dining car local, become more intimately familiar with your local place, your local ecology, not just as a, place between places.

[00:32:35] But it has its own spirit, its own, vitality, its own history. And I have a couple places where every time I go there, I sit down for 10 minutes. And I've been doing that for about a year. And I'm starting to know the bark on the trees and the different trees and the birds and the squirrels. and it's, a home away from home.

[00:33:00] And at a deeper level, these sit spots and beyond. No one is gonna protect those from the Superorganism if it continues to grow. And that is on you, in your local community, wherever you are on this earth, you and other people in your dining car to take a stand and say, the Superorganism doesn't get to this point, not this tree, not this field, not this meadow, not these animals.

[00:33:30] with respect to local, if we look ahead in the ai, well in the AI can kicking world or in the post growth world, we're going to need skills in addition to the things that our current culture advocates for. And. In some of the scenarios that I outlined, ask yourself, what is a skill that I could contribute in my community

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that I'm pretty good at already, and that I could, hone and sharp like my own samurai sword.

[00:34:01] And I can't speak for any of you, but I. I'm really good at planting potatoes. I'm good at writing, poetry on the fly, like speed, poetry. I'm a good host and a storyteller. I know how to chainsaw trees. I know how to raise ducks, and make duck calls and they follow me around 'cause they imprinted on me.

[00:34:22] I mean, those are just some things, but, learn scales that are relevant to the future. Lastly, in this category, rocks in the river. Not so metaphorically, at some point in the near future, the water is going to start to rush faster and deeper, where we live and many humans, without the psychological, maturity or social networks or financial, Backdrop are going to tumble down the river when these events happen. And so it behooves those of us that can act as anchors, to, provide stability where we live locally. And if enough of us do that, we can actually redirect the flow of the water ecological. in a recent, frankly, frankly, these are the videos I do on Fridays.

[00:35:22] There's a hierarchy in the human, economic system right now where AI is kind of. king and the military, the currency, bond markets, economic growth, energy, politics, citizenry, our wellbeing and the environment are next to last in how we prioritize decisions in our economy. This has become even more obvious, in the new administration.

[00:35:49] So with this backdrop, we have to, be strategic about, Looking two or three steps ahead in service of life, and there's a lot of ways to do that. Secondly is to, instead of. Oh my gosh. We're over consuming and, this is unsustainable and we're in ecological overshoot. I shouldn't eat meat. I shouldn't ever fly again.

[00:36:18] I should, ride my electric bicycle. I should buy solar panels. I should not use plastic single. I mean, if you do everything perfectly, you will spend all your

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day trying to be perfect. and even then you will still be one 8000000000th. part you will be a smaller one 8000000000th part of a larger metabolic problem that our species has become.

[00:36:44] Instead, I advocate. To maximize your impact with your skills, your special contributions to our cultural species level challenge. I still fly. I don't fly that much. I don't fly for personal enjoyment. I fly when I have, a handful of opportunities to pass the baton to more humans educationally with philanthropists, with government, et cetera.

[00:37:12] I could use a lot less resources than I currently use and build a 10 by 10 shack on the back 40 here. That would not be helping the human or the biosphere predicament maximize your impact during these times with the skills that you have. and lastly, seeds, many of the things that we're doing now are not gonna have immediate, fruit, but are gonna take time, to a sprout.

[00:37:40] and I'm sure any of you that have planted trees, you don't see, the small sapling become a giant oak tree in your lifetime usually. And some of the things that we're doing now are in that camp. I like to say that what we're doing now is changing the initial conditions of the future so that more better outcomes are available at the next period, and then there are even better, more outcomes available at the period after that.

[00:38:10] Personally, be kind to others, but the very first person you need to be kind to is yourself. this is a lesson that has taken me a while to figure out, you are the most important person in your life and you have to be kind to yourself in order to do all the other things that I've mentioned here. I.

[00:38:33] Things are tough, but try to notice the glimmers in your life and in the world that are in the positive direction. there are actually a lot of good things

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going on. This little course that Andrew and Ryan are putting on. I've lost 15 pounds this year because I'm, doing more nourishment for, my body.

[00:38:57] I mean. I'm a little tired. So those are the only two things that came up in the moment. But there are a lot of glimmers in our life that give us, a little taste of that things aren't as bad as they seem and there's, improvement happening. my tagline, recently is B plus in Service of Life.

[00:39:18] and that is in contrast to this gentleman, my colleague and co-author of three of my books. DJ White, has been a plus in service of life. There are a million dolphins alive today that wouldn't have been alive, because of his efforts. he didn't know what he wanted to do when he grew up.

[00:39:37] He was 23 years old and he lived in Indiana and all he knew is he loved, whale and dolphins. He bought a one way ticket to Hawaii. And he volunteered to clean dolphin poop out of aquariums. And 15 years later, he was one of the, probably the single most successful ocean environmental activists of our times.

[00:39:59] He stopped Dolphin Drive kills in Taiwan. He stopped the Dredging of, of the ocean bottom in the eighties, he stopped the, dolphins being, merged with star kissed tuna and things like that. All because he took. A single step in a direction is something he cared about and it felt, no, not on my watch.

[00:40:23] This is not gonna happen. I'm gonna learn about this. I'm gonna do something about it. This is a picture with his dolphin friend that he did yoga with in the water, for years. And she chose the out of a hundred choices. She always chose Bach or Beethoven. She played practical jokes on him. She led the yoga sessions.

[00:40:42] There is consciousness, most of the consciousness on planet Earth. Is in her oceans and there are many, conscious species live there, and we just take it

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for granted. The point here though, isn't you have to be like, DJ B plus is good enough. the stakes of our times are very high and to just generally directionally, make better decisions on, behalf of the future and beyond your own self-interest and comfort is something I think, is a good recommendation.

[00:41:17] So this is a loose, wheel or circle of the things that I've recommended. And my hope is that, small groups of people align like this and meet each other, and then something emergent happens and they meet each other and then something emergent happens. And that's how cultural change happens.

[00:41:36] And the stakes of our times have never been higher Power scales up. Money, energy control, hierarchy, life scales, deep purpose, ecology, meaning, and our future depends on which of these dynamics we feed. The Great Simplification is on the horizon. and I invite you all to play a role in these important times.

[00:42:04] Thank you.